CO-ACT PROJECT

Phase 1 : Actors' mobilization : november 2015-february 2016

Following of the meeting of the 9th of November 2015 organised by the DiCS (Belgium)

The CO-ACT project aims to create a citizen dynamics to lead to public policy proposals to encourage co-responsibility for the well-being of all in Europe, without discrimination or exclusion.

From November to February 2016 will be held a mobilization phase and the preparation of proposals by citizens and local stakeholders via SPIRAL approach. The responses will be gathered via the organization of groups, and encoded according to the two following approaches : a « well-being approach » and/or a « balance approach ».

We advise you to benefit from activities already planned to organize them. There are no minimum number of meetings requested but the most is better !

I. « Well-being » approach :

Old homogeneous group having no part in a new action or homogeneous group who have not yet participated in an action.

I organize a meeting with my homogeneous groups.

I'll need :

2 hours per group maximum

Materials : small Post-its, paperboard sheets, Pencils, white board markers, paper tape.

<u>Steps :</u>

I organise a meeting for each homogenous group as defined in Spiral method.

I ask the three Spiral questions, and I add a fourth Co-Acte question :

a) <u>The third SPIRAL questions</u>

Q1. What does well-being mean to you ?

Q2. What does ill-being mean to you ?

The answers, written anonymously on post-its, are redistributed among participants and put on the paperboard sheets, one sheet per question, using the Spiral codification grid and shown to the group for the next question. We will use post-its of different colors for each question.

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Q3 : What do you do or could you do now for the well-being of all ?

The synthesis obtained gives a shared vision of all the answers to the first two questions, showing the dimensions and components where are expressed criteria of well-being and those where are expressed ill-being criteria. Then, we can ask the third question and put post-its on the same sheet and following the same principle.

b) The fourth question (CO-ACT question)

Q4 : If you were a policy maker, what would be the first measures you would take to achieve the coresponsibility for the well-being of all ?

For the fourth question, the post-its are grouped with free groupings (categories made by the participants) in an other paperboard sheet.

Fill the different fields and in " issue " after completing "Other", the terms of the fourth question or select "what could or could facilitate the co-responsibility for the welfare of all." You can then enter your data model: post-it; classified ... (see screenshot 1)

You have to encode the responses directly on the website <u>https://wikispiral.org</u>. In SPIRAL for the first three questions and in the tab of the CO-ACT project for the fourth question. Just ask for registration by email at samuel.thirion@wikispiral.org or <u>contact@wikispiral.org</u>

For the fourth issue of the approach « well-being", once on your dashboard , click on the " Co- Act dashboard " and then "Link to page to enter your data ».

Fill the different fields and in « question » you can choose « Other », and add the terms of the fourth question, or you can select « what could help facilitate coresponsibility for the well-being of all? » (in french in the website : « Qu'est ce qui pourrait ou aurait pu faciliter la coresponsabilité pour le bien-être de tous »)(see the screenshot below).

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Then enter your datas following this model : Post-it; classification

To encode your criteria, you have to go to the website https://wikispiral.org

1. Choose a username and email address to register on the site Wikispiral, wait for the confirmation.

2. Enter your username and password

3. Go to the tab « Territories of co-responsibility »

4. Click on the name of your city or ask us to create a new coordination group (send us directly an email and we will do it for you)

5. Click on the dashboard of your new coordination group and then on \ll managing your homogeneous groups \gg

6. There is a form « Add a homogeneous group ». Fill at least the first two questions. At the end, do not forget to click on « register »

7. Return to the dashboard and click on « Classic entry criteria »

8. Reply to the required fields (red asterisk)

9. Encode your criteria : write the number of times the criterion is mentioned, add a semicolon and writes the criteria in its entirety.

10. One criterion per line.

11. You can encode all the criteria relating to the well-being together, then you must save your work.

12. Then move on to the question of ill-being and so on.

13. You can check the encoding of your criteria, starting from your list of homogeneous groups (return to the dashboard and click, in the list of homogeneous groups, on the group name you want to check).

To the extent that this process will take place between November 2015 and early February 2016, we suggest you to take advantage of actions already planned to apply this approach so that it is conducted without additional cost, but with added value in terms of social cohesion.

II. « Balance approach » :

Platforms/partners/monitoring commissions/sub-commissions which have already done one or several projects.

I organise a unique meeting with my coordination group or my action group in a **balance approach.**

I'll need :

2 hours maximum

Small Post-its (one color per question), paperboard sheets, pencils, white board markers, paper tape.

Who to invite ?

Members of the plat-form, maximum 10 à 12 personnes

Steps:

I organise a meeting to build a synthesis about our achievements so I ask the three Co-Acte questions :

Q1. What did we achieve in terms of coresponsibility for the well-being of all ?

Q2. What wasn't achieved in terms of coresponsibility for the well-being of all ?

Q3. If you were a decision maker, what would be the first measures you would take to achieve the coresponsibility for the well-being of all ?

The answers, written on post-its are redistributed among participants and put on the paperboard sheets, one sheet per question. The post-its are grouped with free groupings (categories made by the participants depending the themes, linked or not with the well-being indicators).

<u>First possibility</u> : The answers to the three questions are encoded in an excel spreadsheet detailing the nature of the platform (number of people, male/female, other details), what question they answer and grouped by theme based on " potato " determined by participants.

You can send an email in excel or word format to these following adress : joel.obrecht@wikispiral.org, samuel.thirion@wikispiral.org, <u>wikispiral.contact@gmail.com</u>

<u>Second possibility</u> : for the « balance approach », it is also possible to directly enter the data using the same process than explained before for the « well-being approach : once in the dashboard, clic on the link « CO-ACT dashboard », then on « Link to page to enter your data ». Choose the question in the "Question", and then insert the data.

For the last question, it is possible to fill the terms of it on section « Other » (see the screenshot below) :

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NB : for the two types of approaches
Be sure the post-its are explicits, clear ... (they can not stand confusion)
One post-it per response (a concise effort is required)
Check whether group members have no difficulty writing their post-it
It is better to change the color of the post-it for each question
Anonymity is based on demand for group members (anonymity can bring sometimes more freedom in the expression of criteria).

The collected responses will be analyzed and structured in proposals classified by theme , by the Council of Alliances that frames the CO-ACT project by February 2016, but you can continu adding datas after.

Meanwhile, <u>10 thematic sub-networks of TOGETHER Network</u> (time management and services trade, health, the elderly, access to food, reuse of resources, access to mobility, space management, common goods, access to employment and inter-territoriality) prepare a scheduled meeting between March and September 2016 to analyze the proposals and complement them with others. The PCS, partners and citizens will also contribute.

All proposals will be brought to the <u>Third Meeting of the Territories of Co-responsibility to be</u> <u>held in Braine-l'Alleud from 2 to 4 November 2016</u> and to which the PCS will be asked to contribute, either by presenting good practices (including from our best practice guide) illustrating the thematic network or through an open contribution (animation, exhibition, convivial moment, stand,...).

[']DiCS/17112015 THANK YOU IN ADVANCE FOR YOUR CONTRIBUTION !