

CO-ACTE project

Fair Shares Gloucestershire Community Time Banks

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Fair Shares
community time banks





Time banking Movement

- International – more than 30 countries
- A different approach to volunteering: Co-production
- Different countries have different models
 - Timedollars
 - Japan
 - New Zealand
 - Denmark
 - Diversity in the UK





Fair Shares Gloucestershire

- First time bank in the UK
 - Established 18 years ago, 1998
 - www.fairshares.org.uk/fair-shares-history/
- Currently 5 time banks across the county
- Differing priorities in each area
 - Developed from participants needs, strength and interests
- Various sources of funding





Principles of Timebanking

- Redefining work
- People are the assets
- Reciprocity
- Social Capital

Underlying values of respect, trust, equality
and everyone having something to give





How it works – For us

- Having a strong community presence and networks
- Time and space to have informal conversations – ‘loitering with intent’
- Identifying opportunities
- Being flexible and creative
- Maintaining regular contact





How it works – For participants

- Meeting everyone individually and having individual conversations
- Identifying skills, needs, experiences and how they want to get involved
- Everyone has their own journey through the time bank
- Do as much or as little as they want
- One to one work as well as group work





How it works – Practicalities

- Sign up
 - Referrals
 - References
- Matching needs and offers
 - Broker involvement
 - Accurately knowing the individuals
- Tracking and recording hours
 - An hour for an hour







Socio Economic Model

- Exchange of services as a tool for community engagement
- Making a contribution to the community
- Building meaningful interactions between people
- Tackling social isolation
- Valuing people whatever their background
- Acknowledging the time someone gives
- Enhancing peoples lives



WI-FI HERE

ON FACEBOOK
FOLLOW US ON
TO KEEP UP TO
WITH DEALS AND
MADE SPECIALS
These photos

CUSTOMER NOTICE

have any food allergies or
ances - please speak to a
member of staff about your
requirements before ordering.
Thank you

Home

- CHILLI CON CARNE - with RICE or -with CHIPS + CHEESE
- COTTAGE PIE
- CORNED BEEF PIE
- BOLOGNESE PASTA BAKE
- CHEESE and BROCCOLI BAKE
- CAULIFLOWER CHEESE
- CHEESE, ONION & POTATO PIE with either grilled cheese or a puff pastry top
- CHEESE & TOMATO PASTA BAKE
- VARIOUS OMELETTES fillings include: cheese, tomato, mushrooms, onion, bacon or ham
- ALL OF THE ABOVE MEALS ARE SERVED WITH CHIPS, SALAD, JACKET POTATO, RICE or VEGETABLES.
- HAM, EGGS & CHIPS
- SAUSAGES, MASH, PEAS & ONION GRAVY
- POTATO SKINS, BACON & CHEESE
- CHIPS & PEAS with TARTARE SAUCE
- MEAL FOR £5.25
- MEALS FOR £

FREE WI-FI HERE

FIND US ON FACEBOOK
AND FOLLOW US ON
TWITTER TO KEEP UP TO
DATE WITH DEALS AND
HOMEMADE SPECIALS



Chance to Chat
Keeping your stories alive

Sometimes it's hard to start a conversation. These postcards are here to help.

Pick them up!
What memories & stories do they spark?
You could share these and other memories with someone you care about by sending our postcard, taking, proving or by email.

Happy Chatting!

Please fill in one of the cards have been used.
Contact: Fax: 01904 251111, Email: info@chance-to-chat.co.uk
or visit www.chance-to-chat.co.uk



Who we work with

- Individuals in the community
- Voluntary and community organisations
- Statutory and governmental organisations
- Local and national charities
- Housing associations
- Not for Profit/Community Interest Groups
- Universities
- Funders





Challenges

- Balancing wants and needs
- Managing expectations
- Creating opportunities
- We're not a service provider
- Funding
- It's difficult to say "No"
- Tracking hours
- Measuring success
- References
- Keeping in touch
- Risk Assessments/Health and safety
- Time consuming and tiring!





Some Rewards and Benefits

- Individuals
 - Greater self esteem/confidence
 - Wider social networks and meaningful interactions
 - Being valued
 - Receiving help
- Community
 - Greater links and partnerships between groups
 - More people working for the community
 - Increased community investment
 - A co-productive approach to community development





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